Medical Questionnaire and Consent Form

	C	ANDIDATE	E DETAILS				
First name			Surname			DOE	В
Contact telephone number				Email add	ress		
Home addr	ess			GP Surg	ery		
Employer's name		Sponsor	s name		Job ti	itle	
National insurance	ce number			Sentinel n	umber		
_							sement type
Do you currently hold a Sentinel card?	YES		es this card show resement eg red triang	_{Jle?} NO	YES	e.g.	. symbol
	EMI	PLOYMEN	IT HISTORY	_	_		
QUESTION		CIRCLE	IF YES, PLEASE (provide as muc	E RECORD FU th information as p			OFFICE USE ONLY
Have you been absent from w sickness during the last two ye		Y / N					
Have you ever left, or been de for health reasons?	nied a job	Y / N					
Have you ever had an illness of your work?	caused by	Y / N					
	N	MEDICAL	HISTORY				
HAVE YOU EVER HAD OR SUFFER		CIRCLE	IF YES, RECORD I information as possible visit & side effects - this	incl dates/ current	state of cond	lition/ last GP	OFFICE USE ONLY
Heart Disease or circulatory condition? E.g. angina, arrhy heart attack, high blood pressuor aneurysm.	thmia,	Y / N					
Respiratory Disease or Lung Condition? E.g. Asthma, COF breathing problems		Y / N					
		sion	Approval D	al Date Review Date		ate	
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MEDICAL HISTORY					
HAVE YOU EVER HAD OR SUFFER	RED FROM:	CIRCLE	IF YES, RECORD FURTHER DE- information as possible incl dates/ current visit & side effects - this will be used to m	state of condition/ last GP	OFFICE USE ONLY
Neurological Condition? E.g. MS, Parkinson's, Epilepsy, Migraine, Brain Injury or surgery.		Y / N			GP
Weakness, numbness, tremor, clumsiness, poor balance, fits or fainting?		Y / N			
Mental Health Illness? E.g. Depression, anxiety, bipolar disorder, schizophrenia, deliberate self-harm.		Y / N			HADS
Musculoskeletal Condition? E.g. Injury, arthritis, problems with bones, tendons or joints.		Y / N			
Sleep Disorders, trouble sleeping or Excessive Fatigue? E.g. Sleep apnoea, Chronic Fatigue etc		Y / N			ESQ
Endocrine Disorder? E.g. Diabetes, Thyroid Disease, Adrenal Disease.		Y / N			GP
Behavioural or Developmental Disorder that could affect your assessment of Risk? E.g. Asperger's or ADHD		Y / N			
Visual impairment needing glasses or lenses or other eye issues? E.g. short sighted, Colour Blindness.		Y / N			Opt.
Have you ever had Laser eye Surgery?		Y / N			Opt.
Difficulties with hearing or problems with the ears?		Y / N			
Do you wear hearing aids? (they must not be worn for hearing test)		Y / N			
Speech Impediment?		Y / N			L2/L4
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MEDICAL HISTORY					
HAVE YOU EVER HAD OR SUFFER	ED FROM:	CIRCLE	IF YES, RECORD FURTHER DET information as possible incl dates/ current visit & side effects - this will be used to m	state of condition/ last GP	OFFICE USE ONLY
Bowel Disorder?		Y / N			
Disease of the Kidney?		Y / N			
Disease of the Liver?		Y / N			
Allergies or Hay fever?		Y / N			
Are you regularly taking any medication either over the counter or prescribed? Include name, dose, strength and frequency taken.		Y / N			MED transfer details to Assess. record
If YES- Do you experience side effects from any of the above medications? eg dizziness/drowsiness		Y / N			
Are you currently receiving medical treatment?		Y / N			
Have you ever had tests or treatment at a hospital or clinic (including operations)? If yes, record the date.		Y / N			
Are there any aspects of your health which you think are relevant to your proposed work?		Y / N			
		LIFESTY	LE		
Do you take exercise at least the week, lasting 20 minutes or more		Y / N			
Do you smoke? If so, for how long and how much?		Y / N			A
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LIFESTYLE					
Are you an ex-smoker? If so, how long is it since you stopped and	Y / N	Years: Months:			
how much did you previously smoke?		Amount:			
Do you regularly consume alcohol? If so, how many units of alcohol do you consume on average each week?	Y / N	(One unit is half a pint of beer, a small glass of wine or a single shot)	A if >14 units/ week		

GENERAL DATA PROTECTION REGULATION

- 1. The service provider is Crystal Health Group Limited.
- 2. Crystal Health Group Limited rely on your consent as the lawful basis for processing and holding your data.
- 3. I verify that the information contained on this form is correct and true to the best of my knowledge.
- 4. All personal data provided will be used to uniquely identify you as a candidate and provide the necessary information and biological sample to perform the medical assessment.
- 5. My personal data will not be shared with any other third-party unless authorised in writing or ordered by my employer. To request a third-party consent form, please write to info@crystal-health.co.uk You will be required to provide answers to security questions to access this service.
- 6. I understand that the biological specimens and associated personal data will be stored in compliance with the service provider's Archive Policy. To request a copy of your personal data, please write to info@crystal-health. co.uk You will be required to provide answers to security questions to access this service.
- 7. I have the right to request erasure of my personal data. This may be subject to restrictions according to the service provider's Archive Policy and retention periods required for the type of medical performed. This is also subject to any other legitimate lawful reasons, including a court order or legal claim. More detailed information regarding your rights under the General Data Protection Act for personal data can be viewed at www.crystal-health.co.uk within the service provider's Client Privacy Policy.
- 8. I acknowledge and agree that the service provider's liability to me arising out of or in any way related to the provision of testing services contemplated herein shall not exceed the cost of the medical, and I agree to indemnify, defend, and hold the service provider, its officers, agents, employees, representatives and any persons or entities collecting specimens harmless from all further claims or damages.
- 9. I acknowledge and understand that if for any reason the biological specimen is inadequate for evaluation, The service provider or the entities collecting specimens shall not be held liable if it is unable to produce medical results due to insufficient specimen or due to lack of information. The service provider may request additional samples or further information following the assessment, which will incur additional costs.
- 10. I understand that all email results will be sent by secure email and password protected.
- 11. I understand that I have the right to withdraw consent for my participation from this medical assessment at any time. My samples and associated personal data will be destroyed, subject to restrictions. To withdraw your consent after your medical assessment has been performed, please write to info@crystal-health.co.uk You will be required to provide proof of identity (Passport/Driving Licence) and answers to security questions to access this service. Cancellation and processing fees will apply in the case of withdrawn consent.

CONSENT DECLARATION

In signing this declaration I confirm that:

- 1. The answers given on this document are to the best of my belief, true and complete.
- 2. I consent to Crystal Health Group Limited conducting the Competence Specific Medical Assessment.
- 3. I have read and understood the GDPR information provided above.
- 4. I understand that the personal and medical information provided will be retained by Crystal Health Group Limited and treated confidentially and shared with our external Occupational Physician when required.

I understand that a recommendation on fitness for employment and/or my fitness to carry out my duties will be provided to my employer and reported to the Sentinel scheme, Network Rail and / or their representatives.

Candidate signature of consent	Date	
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